

Taxonomic Structure of Nurses' Comfort

	RELIEF		EASE		TRANSCENDENCE	
PHYSICAL	5-	14-	1+	19+	22-	47+
	6-	25+	29-	24-	45+	48+
PSYCHOSPIRITUAL	8-	23+	2+	9+	7+	15+
	16-	28-	17-	31+	21-	29+
ENVIRONMENTAL	32-	26-	3+	33+	30+	43+
	41-	27+	11+	38-	12-	44+
SOCIO-CULTURAL-POLITICAL	13-	35-	4+	18+	10+	40+
	37-	42-	34-	36+	39-	46+

Definition of Nurses' Comfort: Totality of embedded ness in an organization based on physical, psychospiritual, socio-cultural-political and environmental attributes of an institution or agency,

Type of comfort:

Relief – the state of having a specific comfort need met.

Ease – the state of calm or contentment.

Transcendence – the state in which one can rise above problems or challenges.

Context in which comfort occurs:

Physical – pertaining to policies and facilities which promote good health habits & quality of life, periods of rest, fair & flexible scheduling, control over resources and patient care decisions, good ergonomics and spatial arrangements, generous benefits & pension plan.

Psychospiritual – pertaining to internal awareness of self, including esteem, concept, values, meaning in one's work, positive reinforcement, trust, , empowerment, creativity, role clarity, support for learning & advancement,

Environmental (Organizational) – pleasing work temperature, light, sound, odor, color, furniture, landscape, etc., distinct & strong nursing dept., flat organizational structure, decrease in non-nursing work, extent of team work and mutual understanding

Socio-cultural-political – pertaining to ease of relationships with peers, managers, administrators, and other members of the health system, openness with which new ideas are heard and advanced, good fit with organization, inter-departmental cooperation, work load adjusted for precepting new nurses & students.