

GENERAL COMFORT QUESTIONNAIRE

Thank you VERY MUCH for helping me in my study of the concept COMFORT. Below are statements that may describe your comfort right now. Four numbers are provided for each question; please circle the number you think most closely matches your feeling. Relate these questions to your comfort at the moment you are answering the questions.

1.	My body is relaxed right now	4	3	2	1
2.	I feel useful because I'm working hard	4	3	2	1
3.	I have enough privacy	4	3	2	1
4.	There are those I can depend on when I need help	4	3	2	1
5.	I don't want to exercise	4	3	2	1
6.	My condition gets me down	4	3	2	1
7.	I feel confident	4	3	2	1
8.	I feel dependent on others	4	3	2	1
9.	I feel my life is worthwhile right now	4	3	2	1
10.	I am inspired by knowing that I am loved	4	3	2	1
11.	These surroundings are pleasant	4	3	2	1
12.	The sounds keep me from resting	4	3	2	1
13.	No one understands me	4	3	2	1
14.	My pain is difficult to endure	4	3	2	1
15.	I am inspired to do my best	4	3	2	1
16.	I am unhappy when I am alone	4	3	2	1
17.	My faith helps me to not be afraid	4	3	2	1
18.	I do not like it here	4	3	2	1
19.	I am constipated right now	4	3	2	1
20.	I do not feel healthy right now	4	3	2	1
21.	This room makes me feel scared	4	3	2	1
22.	I am afraid of what is next	4	3	2	1

	Strongly Agree			Strongly Disagree
23. I have a favorite person(s) who makes me feel cared for	4	3	2	1
24. I have experienced changes which make me feel uneasy	4	3	2	1
25. I am hungry	4	3	2	1
26. I would like to see my doctor more often	4	3	2	1
27. The temperature in this room is fine	4	3	2	1
28. I am very tired	4	3	2	1
29. I can rise above my pain	4	3	2	1
30. The mood around here uplifts me	4	3	2	1
31. I am content	4	3	2	1
32. This chair (bed) makes me hurt	4	3	2	1
33. This view inspires me	4	3	2	1
34. My personal belongings are not here	4	3	2	1
35. I feel out of place here	4	3	2	1
36. I feel good enough to walk	4	3	2	1
37. My friends remember me with their cards and phone calls	4	3	2	1
38. My beliefs give me peace of mind	4	3	2	1
39. I need to be better informed about my health	4	3	2	1
40. I feel out of control	4	3	2	1
41. I feel crummy because I am not dressed	4	3	2	1
42. This room smells terrible	4	3	2	1
43. I am alone but not lonely	4	3	2	1
44. I feel peaceful	4	3	2	1

45. I am depressed	4	3	2	1
46. I have found meaning in my life	4	3	2	1
47. It is easy to get around here	4	3	2	1
48. I need to feel good again	4	3	2	1