

Comfort Rounds

What are the comfort needs of your patients?

Physical Comfort:

Homeostasis (fluids, electrolytes, respiratory, elimination, circulation, metabolic, nutrition, etc.):

Medical diagnosis-related issues:

Pain/comfort management (now, future goals):

Other physical discomforts (perceived or potential):

Psychospiritual Comfort:

Spiritual needs (chaplain, parish nurse, own clergy):

Anxiety, fear:

Prayer with nurse or other provider:

Meaning of illness:

Life review:

Sources of strength:

Socio-cultural Comfort:

Finances:

Discharge planning:

Traditions (of comfort in hospital):

Teaching/information needs:

Important relationships (conflicts to be healed):

Visiting preferences:

Continuity of Care:

Environmental Comfort:

Private room:

Lounge chair for family rest:

Meal preferences (for family and patient):

* Hourly nurse rounding helps prevent falls, bedsores. More hospitals are implementing hourly checks by nurses to determine patient pain levels, assess comfort, and help with bathroom visits and accessing personal possessions, in an effort to reduce patient injuries. Alabama's Crestwood Medical Center has seen a 58% reduction in accidental falls and 39% fewer bedsores since an hourly rounding program was implemented in November 2007. The Huntsville Times (Ala.) (3/3)