

Perianesthesia Comfort Questionnaire

**Thank you** very much for your help with this comfort study. Below are statements that may describe your comfort before going into the operating room. Six numbers are provided for each question; please circle the number you think most closely matches your feeling prior to going to the operating room.

|   | Strongly Agree |   |   | Strongly Disagree |   |   |
|---|----------------|---|---|-------------------|---|---|
|   | 1              | 2 | 3 | 4                 | 5 | 6 |
| 1. I was calm.  | 1              | 2 | 3 | 4                 | 5 | 6 |
| 2. I was cold.  | 1              | 2 | 3 | 4                 | 5 | 6 |
| 3. The environment was impersonal.                                  | 1              | 2 | 3 | 4                 | 5 | 6 |
| 4. My condition gets me down.                                       | 1              | 2 | 3 | 4                 | 5 | 6 |
| 5. My family/friends helped me to cope.                             | 1              | 2 | 3 | 4                 | 5 | 6 |
| 6. I had a chance to speak with my anesthesiologist before surgery. | 1              | 2 | 3 | 4                 | 5 | 6 |
| 7. My modesty was not protected.                                    | 1              | 2 | 3 | 4                 | 5 | 6 |
| 8. My anxiety was high.   | 1              | 2 | 3 | 4                 | 5 | 6 |
| 9. The anesthesia personnel did not care about my feelings.         | 1              | 2 | 3 | 4                 | 5 | 6 |
| 10. The noises were disturbing.                                     | 1              | 2 | 3 | 4                 | 5 | 6 |
| 11. My anesthesiologist was gentle.                                 | 1              | 2 | 3 | 4                 | 5 | 6 |
| 12. I needed more information about my anesthesia.                  | 1              | 2 | 3 | 4                 | 5 | 6 |
| 13. I felt out of control.  | 1              | 2 | 3 | 4                 | 5 | 6 |
| 14. The mood around here was reassuring.                            | 1              | 2 | 3 | 4                 | 5 | 6 |
| 15. The quality of my care was poor.                                | 1              | 2 | 3 | 4                 | 5 | 6 |
| 16. My wishes were carried out.                                     | 1              | 2 | 3 | 4                 | 5 | 6 |
| 17. My sense of self-respect was not preserved.                     | 1              | 2 | 3 | 4                 | 5 | 6 |
| 18. I was able to visualize a successful recovery.                  | 1              | 2 | 3 | 4                 | 5 | 6 |
| 19. The environment here felt safe.                                 | 1              | 2 | 3 | 4                 | 5 | 6 |
| 20. My care helped me feel confident.                               | 1              | 2 | 3 | 4                 | 5 | 6 |
| 21. I was not afraid to go to sleep.                                | 1              | 2 | 3 | 4                 | 5 | 6 |
| 22. My IV site was painful.   | 1              | 2 | 3 | 4                 | 5 | 6 |
| 23. I am satisfied with the care I received here.                   | 1              | 2 | 3 | 4                 | 5 | 6 |
| 24. My anesthesiologist took good care of me.                       |                |   |   |                   |   |   |

Permission to disseminate from E. Kline. Note to researcher: Depending on your research questions, you can change these items to present tense and administer this instrument several times throughout the data collection period.