

Comfort with End of Life Planning

Thank you VERY MUCH for helping me in our study of the concept COMFORT. Below are statements that may describe your comfort right now. Six numbers are provided for each question; please circle the number you think most closely matches your feeling. This is about your comfort at the moment you are answering the questions.

		Strongly Disagree				Strongly Agree
1.	There are those I can depend on when I need help	1	2	3	4	5 6
2.	I don't want to think about planning for end of life care.	1	2	3	4	5 6
3.	My condition gets me down	1	2	3	4	5 6
4.	I feel confident	1	2	3	4	5 6
5.	I feel my life is worthwhile right now	1	2	3	4	5 6
6.	I am inspired by knowing that I am loved	1	2	3	4	5 6
7.	I trust my doctor to make the right decisions	1	2	3	4	5 6
8.	No one understands me	1	2	3	4	5 6
9.	My anxiety is difficult to endure	1	2	3	4	5 6
10.	I am scared when I am alone	1	2	3	4	5 6
11.	My body is relaxed right now	1	2	3	4	5 6
12.	I feel agitated right now	1	2	3	4	5 6
13.	I do not feel healthy right now	1	2	3	4	5 6
14.	Advance directives makes me feel scared	1	2	3	4	5 6
15.	I am afraid of what is next	1	2	3	4	5 6
16.	I am very tired	1	2	3	4	5 6

(Continue on back)

	Strongly Disagree				Strongly Agree	
	1	2	3	4	5	6
17. I am content	1	2	3	4	5	6
18. I feel dependent on others to make decisions for me.	1	2	3	4	5	6
19. My faith helps me be strong	1	2	3	4	5	6
20. I feel out of control	1	2	3	4	5	6
21. I have experienced changes that make me feel uneasy	1	2	3	4	5	6
22. My family is aware of my wishes regarding care at the end of my life	1	2	3	4	5	6
23. I need to be better informed about my health	1	2	3	4	5	6
24. I don't have many choices about end of life care.	1	2	3	4	5	6
25. It helps to get information about end of life care.	1	2	3	4	5	6
26. I feel peaceful	1	2	3	4	5	6
27. I am depressed	1	2	3	4	5	6
28. I have found meaning in my life	1	2	3	4	5	6