

Initials: Family _____ Pt. _____ Rm No. _____ Medical Diagnosis _____ Caregiver _____

Alpha Press		Beta Press			Unitary Trend		
Comfort Needs of Patient	Comfort Needs of Family	Interventions	Intervening Variables	Patient's Perception of Comfort	Family's Perception of Comfort	What Next?	Health Seeking Behavior
Physical	Physical	<i>The nurse...</i>		<i>Objective</i>	<i>Objective</i>		<i>The patient/family will...</i>
Psychospiritual	Psychospiritual			<i>Subjective</i>	<i>Subjective</i>		
Environmental	Environmental			<i>Supporting</i>	<i>Supporting</i>		
Sociocultural	Sociocultural						

Note: For more writing space, please enlarge on 11 x 14" paper.

Figure 2: Comfort Care Plan

Names: Pt. _____ Medical Diagnosis _____ Student _____

Alpha Press			Beta Press		Unitary Trend
Comfort Needs	Interventions	Intervening Variables	Perception of Comfort	What Next?	Health Seeking Behavior
Physical	<i>The nurse...</i>		<i>Objective</i>		<i>The patient will...</i>
Psychospiritual			<i>Subjective</i>		
Environmental					
Social			<i>Supporting</i>		